



Volunteer Roanoke Valley
HandsOn Network

Volunteer Roanoke Valley June 2009 Volunteer Needs



Special Events/One-Time Opportunities

Mill Mountain Zoo needs volunteers to help with craft and game stations at an event on **June 5th from 3PM – 9PM**. Contact Megan Everett at 343-3241 or education@mmzoo.org.

Meals on Wheels needs volunteers for their annual fundraiser “**Let’s Do Lunch**” on **June 12th**. Volunteers needed **June 8th** for prep work/box folding, **June 11th** for meal prep, and **June 12th** for delivery and help at the event! **Lunches can be purchased for \$15!** Contact Michele Daley at 345-0451 or mdaley@loaa.org.

American Cancer Society Discovery Shop needs volunteers to run Discovery Shop booths at **Relay for Life** events on **June 19th and 26th**. Great opportunity for groups! Contact Amy Peck at amy.peck@cancer.org or 345-2572.

Rescue Mission needs volunteers for the 3rd annual Back to School Blast on **August 17th**. Set-up from 2PM – 5:30PM; Hand-out school supplies and refreshments and style hair from 5:30PM – 7:30PM; Pack-up supplies from 7:30PM – 9PM). Very fun event! Contact Leslie Littlefield at 777-7651 or leslie@rescuemission.net.

On-Going Volunteer Needs

American Cancer Society Discovery Shop would like volunteers on Saturdays and to act as substitutes in the shop! Volunteers to help paint on a Sunday or Monday would also be appreciated – refreshments and supplies provided!

Big Brothers Big Sisters needs volunteers for miscellaneous grounds work (weeding, mulching), and painting front porch of office. Flexible hours Monday – Friday.

City of Roanoke needs an Appraiser Aide to assist for the Real Estate Department, a Webmaster for the Public Libraries, and volunteers for the Recycling/Solid Waste department (label cans for GIS mapping).

Commonwealth Catholic Charities needs volunteers to do grocery shopping for seniors in the area. Friendly Visitors for local seniors are also needed. Help seniors in our area stay healthy and socialized.

Family Service of Roanoke Valley Be a mentor for a youth in need! Mentoring a local child is a way to make a huge impact in our community. It doesn’t take much – just a little time each week and a desire to make a difference.

FRIENDS of the Blue Ridge Parkway needs office/data entry and mailing assistance.

Greenvale School needs a group of volunteers to assemble a small building. Pieces on site, but may need a roof constructed.

Helping Hands needs volunteers to provide telephone screening/referral for applicants for emergency financial assistance.

Junior Achievement would like volunteers to assist in classrooms through the end of the school year. Commitment is one 30-45 minute session a week for five weeks. Training and materials provided.

LOA is looking for Volunteer Counselors for its Virginia Counseling and Assistance Program (VICAP) to assist Medicare beneficiaries in making informed decisions about their insurance coverage. Training provided.

Refugee & Immigration Services would like ESL tutors (materials and training provided, no exp. necessary). Volunteers for office assistance, family sponsors, apartment set-up, and newsletter also needed.

Rescue Mission needs evening volunteers in the Men’s and Women’s shelters, especially on Fridays, van drivers for children’s summer day camp (mid-June through mid-August, mornings and/or afternoons), volunteers to sort donated hygiene products weekly, and kitchen help from 11AM – 3PM, food prep., pantry help, clean-up after lunch.

Salvation Army is looking for volunteers for its day camp. Also, bell ringers are needed for Christmas, starting in November – sign-up now.

TAP This Valley Works/GED is looking for Math and English tutors for the GED program.

These are only a few of the many volunteer opportunities available in the community. Contact us for more information!

VOLUNTEER ROANOKE VALLEY
540-985-0131 X 500
vrv@councilofcommunityservices.org
www.volunteerroanoke.org