

***Please keep in mind we all have different sponsors with different matching funds.***

**RSVP Program A**

How many paid staff members: 3 part time; RSVP Director = 30 hrs week, 1 Office Assistant= 14 hrs a week; 1 field assistant=10 hours a week.

Population you serve: 215,947 people estimated by 2008 U.S. Census Bureau

How many counties, cities, and the miles: 5 counties, 1 city

How many active volunteers: 430

How many volunteer sites: 125

What was your 2010 MLK Jr. Day project: Food Drive to replenish an area pantry after the demanding holiday season. The food drive is launched at our recognition in November and we collect food through early January. Then the food is sorted, boxed and delivered on MLK Day. We have many food pantries as RSVP Stations, so the Advisory Council designates the pantry we give the food to each year. We rotate it around to each county. This year we collected 531 pounds of food.

What is the shining star project you do within the year: The past two years we have worked with the VFW and the VA Hospital to serve homeless veterans on "Stand Down Day" held in December. The first year we collected blankets to distribute to the homeless veterans. (But then we saw that the VA Hospital was giving the homeless veterans a duffle bag of clothes with an army sleeping bag in it.) The second year RSVP Volunteers made Christmas stockings to distribute to the homeless vets. The community and other RSVP Volunteers donated candy to fill the stockings and two community organizations provided tooth brushes/ tooth paste and hand warmers for the stockings. We were very proud of this project. We distributed 120 Christmas stockings and we will probably continue it next year.

**FGP/SCP Program A**

How many paid staff members: 2 Full time, 1 part time

Population you serve: 144,417 people estimated by U.S. Census Bureau

How many counties, cities, and the miles: 4 Counties, 3 Cities I believe my furthest volunteer site is over 80 miles one way.

How many active volunteers: We have funding for 59 Foster Grandparents through CNS and 40 Senior Companions through CNS, as well as 5 non-federal SCP's, locally funded. Currently we have 53 Foster Grandparents and 48 Senior Companions

## Survey Results for VA/DC Senior Corps Directors Association

How many volunteer sites: 19 Foster Grandparent Program sites, 9 Senior Companion Program sites

We did not do a 2010 MLK Jr. Day Project this year due to illness.

What is the shining star project you do within the year: Our Soup for Seniors Make a Difference Day Project completed a third year. Very successful, again this year, more than 3,000 area seniors received large bags of soup, crackers and other shelf staple foods, such a tuna, canned fruit, oatmeal, cereal, peanut butter, etc. Over 27,000 cans of soup, 3,905 boxes of crackers and \$6,901.14 in cash and a \$6,500 grant from the a local Foundation contributed to the success of the project. Cash monies were used to purchase the other items for the bags. You would not believe all of the seniors we were able to help and the sweet notes received from them.

### **RSVP Program B**

How many paid staff members: 2 (1 - full time, 1 -16 hrs per week)

Population you serve: 35,127 (31% 55 yrs and older)

How many counties, cities, and the miles: 1- county, 2 - towns, 327 sq. miles

How many active volunteers: 213

How many volunteer sites: 47

### **RSVP Program C**

How many paid staff members: 2 full-time and 2 part-time

Population you serve: 106,092

How many counties, cities, and the miles: One County and two Cities 402.5 square miles

How many active volunteers: 266

How many volunteer sites: 83

What was your 2010 MLK Jr. Day project:

We partnered with a neighboring county RSVP to sort, organize and bag basic household and personal hygiene supplies for 280 homebound seniors identified by the Agency on Aging and Meals on Wheels program. It took volunteers 2 days to bag the supplies and prepare them for delivery.

What is the shining star project you do: We have conducted a Walk-A-Thon for the

## Survey Results for VA/DC Senior Corps Directors Association

past two years in October to raise funds to purchase "Supplies for Seniors". Last year, we had 52 volunteers who walked and they raised \$2,145 from sponsors. This money was used to purchase basic household "Supplies for Seniors".

### **Foster Grandparent Program B**

How many paid staff members: 1

Population you serve: 107,000

How many counties, cities, and the miles: 3 counties, 1 City = 1,365 sq miles

How many active volunteers: 30

How many volunteer sites: 23

What was your 2010 MLK Jr. Day project: 3rd annual Martin Luther King, Jr. Day Song Celebration Sponsored by this Foster Grandparent Program and Retired and a Senior Volunteer Program. Approximately 50 individuals came together at the First Baptist Church to participate in the 1<sup>st</sup> annual MLK Song Celebration. The festivities began at 6:00 p.m. with songs and poems presented by local residents followed by "I Have a Dream" special presentation.

What is the shining star project you do within the year :

Remote Area Medical (RAM) Health Expedition provided free medical, dental and eye care procedures and examinations free of charge to all patients, this includes eyeglasses and hearing aids. Preliminary numbers show about 5,600 patient encounters and \$1.6 million value of care estimated for this year. This event has grown into the largest such event in the nation.

The 10<sup>th</sup> anniversary of the county's RAM also included a 1,800-strong battalion of volunteers, over 800 of them health professionals and the rest doing everything from food preparation to registering and escorting patients to taking out the trash.

### **Foster Grandparent Program C**

How many paid staff members: 3

Population you serve:

How many counties, cities, and the miles: 2 Counties, 3 Cities

How many active volunteers: 124

How many volunteer sites: 60

What was your 2010 MLK Jr. Day project: We had a Senior Educational & informational Forum. There were speakers from the community, such as; Census Dept, PAA, local

## Survey Results for VA/DC Senior Corps Directors Association

University Continued Education, and the National Kidney Foundation. We had 206 people to attend the event.

Shining Star Project; Food Drive: We provide about 500 cans of nonperishable food items to local churches.

### **RSVP D**

How many Paid Staff: 2 full time

Population you serve: 32,070

How many counties, cities, and the miles: 2 Counties, 740 sq miles

How many active Volunteers: 313

How many volunteer sites:

### **RSVP E**

How Many Paid Staff: 7 - 2 Full Time and 5 very part time - 10 hours per week per Site Supervisor

Population You Serve: 165,461 - Population all five counties (Estimate 2007 census)

How many counties, cities, and the miles: Five Counties 1,960 Square Miles.

How many active volunteers: 505

How many Volunteer Sites: 49

What was your 2010 MLK Jr. Day Project - be brief: "Surprise with Supplies" collecting school supplies from all the volunteers at the five senior centers and we have asked our agency employees to also donate. Dividing it five ways and distributing the supplies to an elementary school in each county. We have about eight large boxes full of supplies.

What is the shining star project you do within the year - again be brief but tell why it is a success: Very proud of our RSVP Driving Program - We coordinate transportation with our 60 RSVP Volunteer drivers to assist seniors and persons with disabilities to their healthcare visits. We hold a special recognition for the drivers once a year to honor them specifically and it is always a fun time. We provided over 900 trips last year. We are very proud - and busy!!!!

### **Foster Grandparent Program D**

How many paid staff members: One part-time (25 hours/wk

Population you serve: 9,144

## Survey Results for VA/DC Senior Corps Directors Association

How many counties, cities, and the miles: 1 county and 1 city

How many active volunteers: 50

How many volunteer sites: 25

What was your 2010 MLK Jr. Day project: Due to lack of staff/time/resources this year we did not hold nor participate in a MLK event this year.

What is the shining star project you do within the year - again be brief but tell why it is a success? We did a food drive for our Food Bank for Make a Difference Day.

### **RSVP Program E**

How many paid staff members: 1

Population you serve: 123,128 people estimated by 2008 U.S. Census Bureau

How many counties, cities, and the miles: 2 counties and 2 cities

How many active volunteers: 285

How many volunteer sites: 21

What was your 2010 MLK Jr. Day project - Notes to veterans; assisting with MLK projects in schools

### **The Retired & Senior Volunteer Program F**

How many paid staff members: 1 full-time, 3 part-time

Population you serve: 472,859

How many counties, cities, and the miles: 5 cities one 1 county

How many active volunteers: 618

How many volunteer sites: 147

What was your 2010 MLK Jr. Day project: RSVP staff supported and partnered in a Senior Educational & informational Forum sponsored by a Foster Grandparents Program.